

## SANDWICHES

Ula's sandwiches are made-to-order with the freshest all-natural ingredients and housemade spreads. Sandwiches are served on fresh-baked artisan breads from Hi-Rise Bread Company of Cambridge. You may also order your sandwich as a whole wheat wrap. Prices are for whole and half sandwiches.

### Sweet Potato - vegetarian

Roasted sweet potato with avocado, Monterey jack, red bell peppers, red onion, sprouts and tahini-poppy seed spread on semolina 7.30, 4.65

### Black Forest Ham

Black Forest Ham with garlic and herb cream cheese, homemade apricot chutney, cucumbers and romaine on semolina 7.99, 4.95

### Hummus - vegan

Homemade hummus with fresh crunchy vegetables, sprouts and ginger-curry vinaigrette on semolina 6.45, 4.35

### Egg Salad

Ula's egg salad with fresh dill, peas and romaine on semolina 6.45, 4.35

### Roast Beef

All-natural roast beef with Dijon mustard, maple-horseradish mayo, sharp white cheddar, caramelized onions and romaine on semolina 7.99, 4.95

### Curried Tofu - vegan

Hearty curried tofu salad with locally-made tofu, green apple, scallions, raisins, cucumbers and sprouts on semolina 7.15, 4.50

### Turkey

All-natural oven-roasted turkey with homemade guacamole, cherry hardwood smoked bacon and provolone on semolina 7.45, 4.75

### Tuna Sandwich

A simple classic: chunk white tuna with sharp white cheddar cheese, romaine and mayo on semolina 5.90, 3.85

### PB&J or PB&H or PB&N

Smooth peanut butter and raspberry jam, honey or nutella on semolina (whole sandwich only) 4.75

Side of meat 2.15, 1.20

Side of cheese 1.20

Scoop of an Ula salad 1.90

Side of guacamole, hummus, or garlic and herb cream cheese .90

Side of greens 2.80

*Before ordering, please inform us of any food allergies or restrictions you may have. The consumption of raw or undercooked products may increase your risk of food-borne illness.*

## SALADS

Ula salads are made-to-order with the freshest ingredients. Salads are dressed with Ula's homemade lemon and fresh herb vinaigrette. Prices are for large and small salads.

### An Ula Salad

Your choice of one of our three delicious homemade salads, on greens dressed with our house vinaigrette 6.45, 4.30:

Curried Tofu Salad (topped with toasted almond slivers)

Egg Salad

Tuna Salad

### Garden Vegetable

Fresh garden vegetables on greens dressed with our house vinaigrette 6.20, 4.20

### Fruit and Nut

Dried fruits and nuts with goat cheese on greens dressed with our house vinaigrette 6.65, 4.55

## SOUPS

A revolving selection of hearty, made-from-scratch soups 4.45 for a bowl, 3.70 for a cup

## BAKERY (baked fresh at Ula every day)

Popovers 1.90

Bars and Treats 1.95

Muffins 1.90

Brownies 1.95

Scones 1.95

Bread Pudding 2.40

Cupcakes 2.15

Cookies .65 - 1.60

## OTHER GOOD STUFF

Strata (our savory egg dish) of the day 3.75

Oatmeal with milk (.55 FOR EACH FIXING) 3.10

Homemade Granola with milk 3.10 parfait with yogurt 4.30

Fresh Fruit Cup (seasonal) 3.85

Side of jam, peanut butter, honey or nutella .50

Ula Café uses the freshest ingredients and buys local when possible. We use all natural meats from McKenzie's of Vermont and tofu made by our Brewery neighbor, 21st Century Foods.

All of our food and drinks are available for take-away; please see our catering menu (available in-store and online) for delicious options and ordering guidelines. Call-in orders are welcome. All orders must be placed with a staff member (no messages, please!).

*Tax not included in posted prices. Ula is constantly sourcing the freshest, most local ingredients possible; prices & items subject to change without notice. We accept MasterCard, Visa and Discover credit cards. Ask about the Ula Gift Card!*

## COFFEE AND TEA

### Hot Drinks

Sizes and, for espresso drinks, amount espresso per size

Small—8oz—double shot

Medium—12oz—triple shot

Large—16oz—quad shot

### Iced Drinks

Small—16oz—double shot

Large—24oz—triple shot

	HOT			ICED	
	small	med	large	small	large
Coffee	1.45	1.75	2.00	2.00	2.50
Espresso	1.90	---	---	2.10	---
Americano	1.95	2.20	2.45	2.20	2.70
Depth Charge	1.70	2.00	2.30	2.30	2.80
Macchiatto	2.20	---	---	2.40	---
Café Latte	2.45	2.80	3.20	3.20	3.65
Cappuccino	2.45	2.80	3.20	3.20	3.65
Mocha Latte	2.80	3.20	3.55	3.55	4.05
Mochaccino	2.80	3.20	3.55	3.55	4.05
Spicy Mocha	2.80	3.20	3.55	3.55	4.05
Café au Lait	1.75	2.10	2.50	2.50	2.95
Hot Chocolate	1.90	2.25	2.65	2.65	3.10
Spicy Hot Choc.	1.90	2.25	2.65	2.65	3.10
Honey Milk	1.50	1.90	2.25	2.25	2.75
Steamer	1.50	1.90	2.25	2.25	2.75
Pot or Cup of Loose Leaf Tea		2.05			
Simple Iced Tea	---	---	---	2.10	2.55
Fancy Iced Tea	---	---	---	2.45	2.90
Tea Latte	2.95	3.40	3.75	3.75	4.25
Chai Latte	2.45	2.80	3.25	3.25	3.70
Italian Soda	---	---	---	1.45	1.95
Fresh Juice (by season)				2.80	
Cold Milk (small .95, med 1.30, lg 1.60)					
Bottled juices, sodas and water					

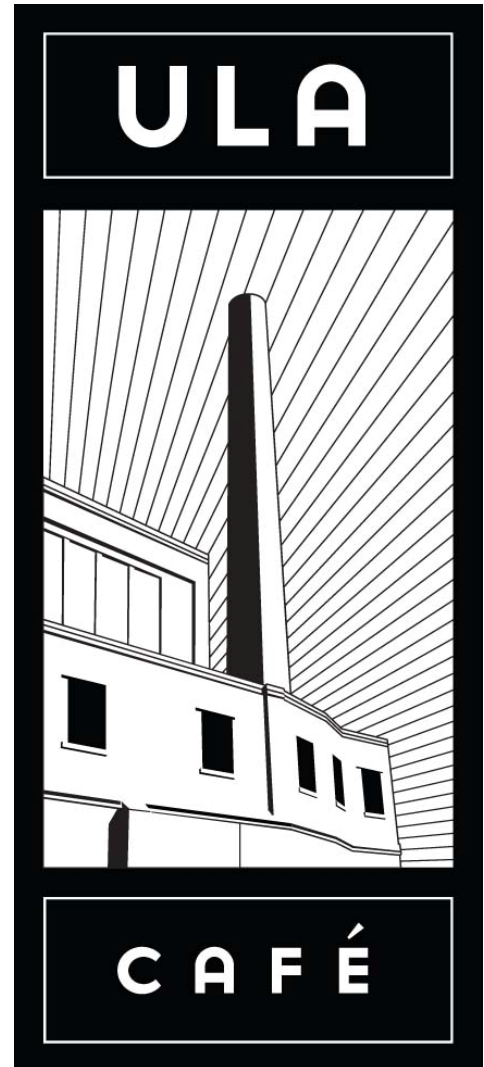
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Add a single or double shot of espresso .70, 1.40

Add a Monin flavor shot .50

Substitute soy milk .50

All coffee beverages are available in decaf

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We proudly serve tea from MEM Tea Imports of Somerville, MA  
and coffee from New Harvest Coffee Roasters of Pawtucket, RI



**At The Brewery  
284 Amory Street  
Jamaica Plain, MA 02130**

**617.524.7890**

**www.ulacafe.com**

**open 7-7 weekdays and 8-7 weekends**